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TRACKPAD®

Ver. 2.0

Teacher's Manual

Extended Support for Teachers

ORANGE®

Teacher's Time Table

Periods / Days	0	I	II	III	IV		V	VI	VII	VIII
Monday						B				
Tuesday						R				
Wednesday						E				
Thursday						A				
Friday						K				
Saturday										

DEVELOPMENT MILESTONES IN A CHILD

Development milestones are a set of functional skills or age-specific tasks that most children can do at a certain age. These milestones help the teacher to identify and understand how children differ in different age groups.

Age 5 - 8 Years	
Physical	• First permanent tooth erupts • Shows mature throwing and catching patterns • Writing is now smaller and more readable • Drawings are now more detailed, organised and have a sense of depth
Cognitive	• Attention continues to improve, becomes more selective and adaptable • Recall, scripted memory, and auto-biographical memory improves • Counts on and counts down, engaging in simple addition and subtraction • Thoughts are now more logical
Language	• Vocabulary reaches about 10,000 words • Vocabulary increases rapidly throughout middle childhood
Emotional/Social	• Ability to predict and interpret emotional reactions of others enhances • Relies more on language to express empathy • Self-conscious emotions of pride and guilt are governed by personal responsibility • Attends to facial and situational cues in interpreting another's feelings • Peer interaction is now more prosocial, and physical aggression declines

Age 9 - 11 Years	
Physical	• Motor skills develop resulting enhanced reflexes
Cognitive	• Applies several memory strategies at once • Cognitive self-regulation is now improved
Language	• Ability to use complex grammatical constructions enhances • Conversational strategies are now more refined
Emotional/Social	• Self-esteem tends to rise • Peer groups emerge

Age 11 - 20 Years	
Physical	• If a girl, reaches peak of growth spurt • If a girl, motor performance gradually increases and then levels off • If a boy, reaches peak and then completes growth spurt • If a boy, motor performance increases dramatically
Cognitive	• Is now more self-conscious and self-focused • Becomes a better everyday planner and decision maker
Emotional/Social	• May show increased gender stereotyping of attitudes and behaviour • May have a conventional moral orientation

Managing the children's learning needs according to their developmental milestones is the key to a successful teaching-learning transaction in the classroom.

"Family is the most important thing in the world."

Teaching Pedagogies

Pedagogy is often described as the approach to teaching. It is the study of teaching methods including the aims of education and the ways in which such goals can be achieved.

Lesson Plans

A lesson plan is the instructor's road map which specifies what students needs to learn and how it can be done effectively during the class time. A lesson plan helps teachers in the classroom by providing a detailed outline to follow in each class.

A lesson plan addresses and integrates three key components:

- Learning objectives
- Learning activities
- Assessment to check the student's understanding

A lesson plan provides an outline of the teaching goals:

Before the class:

1. Identify the learning objectives.
2. Plan the lesson in an engaging and meaningful manner.
3. Plan to assess student's understanding.
4. Plan for a lesson closure.

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During the class:

Present the lesson plan.

↓

After the class:

Reflect on what worked well and why. If needed, revise the lesson plan.
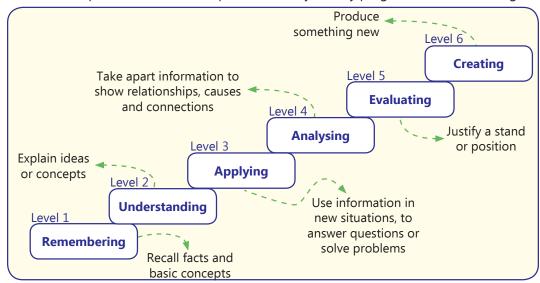
"Knowing yourself is the beginning of all wisdom."

Teaching Strategies

Numerous strategies have evolved over the years to facilitate the teaching-learning process in the classrooms.

```
                    Direct
                  Instruction

    Performance                    Classroom
     Activities                    Discussion

                    Effective
    Student         Teaching         Small
    Research        Strategies     Group Work

       Problem                  Cooperative
       Solving                    Learning
```

Bloom's Taxonomy

Bloom's Taxonomy was created by **Dr Benjamin Bloom** and several of his colleagues, to promote higher forms of thinking in education instead of rote learning. There are three domains of learning: cognitive (mental), affective (emotional), and psychomotor (physical). However, when we refer to Bloom's Taxonomy we speak of the cognitive domain. Bloom's Taxonomy is a list of cognitive skills that is used by teachers to determine the level of thinking their students have achieved. As a teacher, one should attempt to move students up the taxonomy as they progress in their knowledge.

```
                                                Produce
                                            something new
                                                                Level 6
                                                                    Creating
        Take apart information to          Level 5
        show relationships, causes
           and connections                    Evaluating
                                 Level 4
                                                               Justify a stand
                                    Analysing                    or position
                     Level 3
                         Applying
        Explain ideas
        or concepts
               Level 2
                                              Use information in
                 Understanding                new situations, to
         Level 1                              answer questions or
                                              solve problems
           Remembering

                      Recall facts and
                      basic concepts
```

Teachers should focus on helping students to remember information before expecting them to understand it, helping them understand it before expecting them to apply it to a new situation, and so on.

"If you have no confidence in self, you are twice defeated in the race of life."

1. Computer – A Smart Machine

Teaching Objectives

Students will learn about

☞ Computer—A Smart Machine

☞ Types of Computers

☞ Computers and Humans

Number of Periods	
Theory	Practical
1	**0**

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 7 to understand the recap of the topic.

While teaching this chapter, tell the students that a computer is an electronic machine which helps us to solve many problems.

Tell the students that the computer is a man-made machine and very much different from man. Share with the students the features of a computer covering:

- **Accuracy** – does not make mistake.
- **Storage** – stores information and does not forget it.
- **Work Process** – does not get tired and work for long hours.
- **Speed** –works at a very high speed.

Make the students understand that there are certain things which man can do better than computers covering:

- **Feelings** – computer does not have feelings and does not understand emotions.
- **Instruction** – computer cannot work without our instructions.
- **Decision** – computer cannot take its own decisions.

Ask the students to solve the exercise Let's Catch Up given on page number 10.

Explain to the students about the different types of computers covering:

- **Desktop computer** – kept on desk or table.
- **Laptop computer** – can be kept on lap also and is portable.
- **Tablet computer** – smaller than a laptop and has a touchscreen.
- **Smartphone** – mobile phone which has computer facilities.

Tell the students that all these types of computers are called Personal Computers or PCs.

Ask the students to solve the exercise **I Know** given on page number 9.

Ask the students to solve the exercise **Quiz Bee** given on page number 9.

Extension

Ask the students some oral questions based on this chapter.

Q.   What is a computer?

Q.   State any two features of a computer.

Q.   Name two things which man can do better than computers.

Q.   Name any two types of computers.

Q.   Which is the largest type of computer?

Q.   Which is the smallest type of computer?

Q.   Can we keep all computers in our pocket?

Q.   Name two computers which we can keep in our pocket.

Q.   Name the computer which we keep on a desk or a table.

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 11 and 12 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 13.

Take the students to the computer lab and let them practice the activity given in the Fun Activity and Lab Activity section on Pages 12 and 13 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Show the pictures of different types of computers to the students and ask the name of each type of computer.

2. Uses of Computers

Teaching Objectives

Students will learn about

☞   At Home

☞   At Offices

☞   In Banks

☞   In Schools

☞   In Shops and Malls

☞   In Hospitals

☞ At Airports and Railway Stations   ☞ In Publishing

☞ In Science and Defence   ☞ At Police Stations

Number of Periods	
Theory	Practical
2	2

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 14 to understand the recap of the topic.

While teaching this chapter, tell the students that some machines like washing machine, air conditioner, television and ATM work smartly because these machines have a computer in them.

Share with the students, the names of the places where computers are used and the reason the computers are used there covering:

- **At home** – to play games, watch movies, listen to music, send e-mails, search information, etc.
- **In shops and restaurants** – to make bills, keep a record of items bought and sold, etc.
- **In offices** – to type and print documents.
- **In schools** – to make time tables and report cards, teach students, keep fee records, keep record of library books, etc.
- **At railway stations and airports** – to reserve and cancel tickets, maintain train and flight timings, etc.
- **In hospitals** – to maintain records of patients, detect diseases, prepare medical reports, perform operations, etc.
- **In banks** – to maintain customer details, withdraw money (using ATMs), etc.
- **In designing** – to design and print newspapers, books, magazines, etc.
- **In police station** – to track the record of criminals, draw their sketches, maintain record of complaints, etc.
- **In space research and science labs** – to launch and control movement of satellite in space, forecasting weather, etc.

Ask the students to solve the exercise **I Know** given on page number 18.

Ask the students to solve the exercise **Quiz Bee** given on page number 16.

Extension

Ask the students some oral questions based on this chapter.

Q. Name some smart machines.

Q. Why are some machines smart?

Q. State any two uses of computers at home / railway station / airport.

Q. State any two uses of computers in a school / bank / shop / office / hospital.

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 19 and 20 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 21.

Take the students to the computer lab and let them practice the activity given in the Fun Activity and Lab Activity section on Pages 20 and 21 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to discuss with their parents and elders to learn more about the machines used by them which have a computer inside. Encourage the students to share the names of such machines with the class.

3. Operating a Computer

Teaching Objectives

Students will learn about

☞ How to Start a Computer?   ☞ Opening a Program

☞ How to Shut Down a Computer?

Number of Periods	
Theory	Practical
2	2

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 23 to understand the recap of the topic.

While teaching this chapter, tell the students that we need to follow proper steps to switch on and shut down a computer.

Share with the students, the steps to switch on a computer as:

    (i) Switch on main power supply button.

    (ii) Switch on UPS (invertor of the computer) button.

    (iii) Switch on power supply button of CPU.

    (iv) Switch on monitor.

Explain to the students that:

- the first screen that appears on the monitor is called desktop.

- small pictures on the desktop are icons.

- long bar at the bottom of the desktop is called Taskbar.

- start button is on the left corner of the taskbar and used to open different programs.
- start menu has shut down button which is used to shut down the computer.
- maximize and minimize buttons to resize the window and Close button to close the window.

Share with the students the steps to shut down a computer as:

(i) Click on Start button.

(ii) Click on the power button. A submenu appears.

(iii) Click on the Shut down option. A Windows with the message Shutting down appears. After a few seconds, the computer will switch off.

(iv) Switch off UPS button.

(v) Switch off main power supply button.

Ensure that the scope of Teacher's Corner given at the end of the chapter has been covered.

Ask the students to solve the exercise **I Know** given on page number 26.

Ask the students to solve the exercise **Quiz Bee** given on page number 26.

Extension

Ask the students some oral questions based on this chapter.

Q. What is the first step to switch on a computer?

Q. What is the first step to shut down a computer?

Q. What is the last step to shut down a computer?

Q. What are icons?

Q. Where is taskbar located?

Q. Do we need to switch off the CPU button while shutting down a computer?

Q. Which menu is used to shut down a computer?

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 27, 28 and 29 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 30.

Take the students to the computer lab and let them practice the activity given in the Fun Activity and Lab Activity section on Page 29 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to draw images showing the steps to switch on a computer and to shut down a computer in their computer notebook.
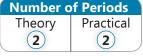
4. How Computer Works?

Teaching Objectives

Students will learn about

☞ IPO Cycle

☞ Computer Devices

Number of Periods	
Theory	Practical
2	**2**

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 31 to understand the recap of the topic.

While teaching this chapter, tell the students that a computer works according to the commands or instructions given by us.

Tell the students about the working of some machines like:

• **Juicer** – we put fruit pieces inside it, the juicer squashes the fruits and gives out fresh juice.

Share with the students that in both these cases, the first step is input, the second step is process and the third step is output.

Share with the students that this cycle of working of machines is called Input-Process-Output cycle or IPO cycle.

Introduce the term Input as giving instructions to the computer.

Ask the students to solve the exercise Let's Catch Up given on page number 25.

Tell the students that keyboard and mouse are used as input devices in a computer.

Introduce the term Process as action performed by computer on the instructions given by us.

Tell the students that Central Processing Unit (CPU) is processing device of a computer and is called Brain of the computer.

Introduce the term Output as result given by the computer after processing.

Tell the students that monitor and printer are used as output devices in a computer.

Ensure that the scope of Teacher's Corner given at the end of the chapter has been covered.

Ask the students to solve the exercise **I Know** given on page number 33.

Ask the students to solve the exercise **Quiz Bee** given on page number 34.

Extension

Ask the students some oral questions based on this chapter.

Q. What does IPO stand for?

Q. What is Input-Process-Output cycle?

Q. Define Input / Process/ Output.

Q. Name two input / output devices.

Q. Which part of the computer is called Brain of the computer?

Q. Why is CPU called brain of the computer?

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 35 and 36 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 38.

Take the students to the computer lab and let them practice the activity given in the Fun Activity and Lab Activity section on Page 37 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Show some more machines with input and output to the students and ask the students to arrange these in correct order of the IPO cycle.

5. Using a Mouse and a Keyboard

Teaching Objectives

Students will learn about

☞ Types of Mouse

☞ Actions of a Mouse

☞ Types of Keys on a Keyboard

Number of Periods	
Theory	Practical
2	2

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 41 to understand the recap of the topic.

While teaching this chapter, tell the students that keyboard and mouse are used to perform various functions.

Show to the students a keyboard and demonstrate:

• A keyboard has 104 keys

— **Alphabet keys –** used to type letters, words and sentences.

— **Number keys –** used to type numbers.

Tell the students that there are some special keys in details:

- **Shift key –** used with other keys for different purposes like with alphabet keys to type in capital letters with caps Lock turned off and with number keys and symbol keys to type the symbols in the upper row of that key.
- **Symbol keys –** used to type special signs like @,$, %, *, etc. and punctuation marks like ?, ! :, " ", etc.
- **Backspace key –** used to erase letters and numbers on the left side of the cursor.
- **Spacebar –** used to give a bla nk space when you type words, letters or numbers.
- **Enter key –** used to start a new line or a paragraph.
- **Delete key –** used to erase letters and numbers to the right of the cursor.
- **Arrow keys –** used to move the cursor up, down, right and left.

    Function keys – 12 in number from F1 to F12 and used to perform a different function like F1 for Help, etc.
- **Caps Lock key –** used to type in capital letters.
- **Tab key –** used to move cursor several spaces forward at once.
- **Escape or Esc key –** used to cancel a task.

Show to the students a mouse and demonstrate:

- A mouse has buttons to click and wheel to scroll.
- Displays an arrow called pointer on the screen.

Explain different types of mouse to the students.

Tell the students about the parts of a mouse and mouse pointer.

Show the proper use of a mouse along with the position of fingers.

- **Click or Single-click –** used to select an item.
- **Double-click –** used to open the selected item.
- **Right-click –** used to display list of properties of the selected item.
- **Drag –** used to move an item from one location to another.

Ask the students to solve the exercise **I Know** given on page number 43.

Ask the students to solve the exercise **Quiz Bee** given on page number 45.

Extension

Ask the students some oral questions based on this chapter.

Q. Name the two commonly used input devices.

Q. How many keys are there on a standard keyboard?

Q. State one use of Shift key.

Q. What is Escape / Tab / Caps Lock key used for?

Q. How many Shift / Function keys are there on a keyboard?

Q. What is the use of Function / Symbol keys?

Q. What is a mouse?

Q. What is pointer?

Q. What is single-click / double-click / right-click / drag used for?

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 47 and 48 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 49.

Take the students to the computer lab and let them practice the activity given in the Lab Activity section on Page 49 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to draw a keyboard on an A4 sheet of paper and label these keys:

- Shift keys
- Enter key
- Escape key
- Tab key
- Symbol keys
- Function keys
- Keys to spell the name of the student

6. Typing in WordPad

Teaching Objectives

Students will learn about

☞ Opening WordPad

☞ Parts of WordPad Window

☞ Typing Text

☞ Changing the Appearance of Text

☞ Closing the WordPad

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page 50 to understand the recap of the topic.

Explain the purpose of WordPad to the students in detail.

Demonstrate the steps to open WordPad easily to the students.

Explain the parts of WordPad window to the students in detail.

Tell the students about how to type text in WordPad and which keys plays an important role in the same.

Show the students how can we change the appearance of the text along with the commands and their operations.

Tell the students how to close WordPad in easy steps.

Ask the students to solve the exercise **I Know** given on page number 52.

Ask the students to solve the exercise **Quiz Bee** given on page number 54.

Extension

Ask the students some oral questions based on this chapter.

Q.   What is WordPad?

Q.   How can we open WordPad?

Q.   Define the parts WordPad window.

Q.   Explain the steps about how to type in WordPad.

Q.   How can we change the appearance of text?

Q.   Write the steps to close WordPad.

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 54 and 56 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 56.

Take the students to the computer lab and let them practice the activity given in the Lab Activity section on Page 56 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to search about some more examples of online storage service providers.

7. More on Paint & Paint 3D

Teaching Objectives

Students will learn about

- ☞ Airbrush Tool
- ☞ Magnifier Tool
- ☞ Opening an Existing Drawing
- ☞ Paint 3D
- ☞ Components of Paint 3D
- ☞ Colouring the Drawing

- ☞ Text Tool
- ☞ Saving a Drawing
- ☞ Closing Paint
- ☞ Opening Paint 3D
- ☞ Using Brushes Tool
- ☞ Creating 3D Shapes

Number of Periods	
Theory	Practical
2	2

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 58 to understand the recap of the topic.

While teaching this chapter, make the students recall that Paint can be used to draw and paint on computer.

Demonstrate the parts of Paint windows along with their purpose.

Show the students the use of Pencil tool and steps involved in using the tool.

Explain to the students the use of Brushes tool and steps involved in using the tool.

Tell the students the use of Magnifier tool and steps involved in using the tool.

Explain and show to the students the use of Color picker tool and steps involved in using the tool.

Tell the students that Rounded Rectangle shape is used to draw rectangles and squares with rounded corners.

Tell the students that Select command is used to select a drawing or part of a drawing.

Show to the students how a drawing or part of a drawing can be selected.

Demonstrate to the students the steps involved in moving the selected part of an image from one place to another using click and drag feature of the mouse.

Tell the students that the Text tool is used to write some text in the drawing area.

Demonstrate to the students the use of Text tool in Paint.

Show to the students the use of Cropping tool and steps involved in using the tool.

Tell the students about Paint 3D and the steps involved in starting Paint 3D.

Demonstrate to the students about all the components of Paint 3D window:

- Title bar displays the name of the program and the name of your drawing on the top-left corner.
- Menu displays options such as New, Open, Insert, Save and Save As.
- Canvas is the area where you can create or draw your shape or you can say it is the drawing area of Paint 3D.
- Brushes Tool opens a panel on the right side of the drawing area and displays brush options, and colour palette. It has options Brushes Option and Color Palette.
- 2D Shapes Tool replaces brushes option and displays a 2D shapes library with options like line and curve and 2D shapes to select from.
- 3D Shapes Tool replaces the Brushes options and displays options like Open 3D library, 3D Doodle, 3D Objects and 3D Models to select from.

Show the step involved in creating 2D and shapes with example.

Demonstrate the step involved in creating 2D and 3D text with example.

Explain the steps involved in selecting a shape and changing colour in a shape.

Show to the students the steps involved in saving and opening a drawing. Also show the steps to close Paint 3D.

Ask the students to solve the exercise **I Know** given on page number 64.

Extension

Ask the students some oral questions based on this chapter.

Q.   What is Paint?

Q.   What is the use of Pencil tool?

Q.   What is the use of Brushes tool?

Q.   What is the use of Magnifier tool?

Q.   What is the use of Color Picker tool?

Q.   What is the Select command used for?

Q.   What do you mean by moving the selected area?

Q.   When do we use Text tool in Paint?

Q.   What can Paint 3D be used for in computers?

Q.   State the use of Shapes / Text / Brushes Tool.

Q.   How to add 3D shape and text?

Q.   How to save a drawing?

Q.   How to open a saved drawing?

Evaluation

After explaining the chapter, let the students do the exercises given on Page 68 in the main course

book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 70.

Take the students to the computer lab and let them practice the activity given in the Fun Activity and Lab Activity section on Pages 69 and 70 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to draw a picture of a school with its name written on a board at the top of the school building.

8. More on Tux Paint

Teaching Objectives

Students will learn about

☞ Opening Tux Paint   ☞ Using Paint tool
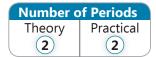
☞ Using Fill Tool   ☞ Using Magic Tool

☞ Using Text Tool   ☞ Using Eraser Tool

☞ Saving a Drawing   ☞ Quitting Tux Paint

☞ Opening a Saved Drawing

Number of Periods	
Theory	Practical
2	2

Teaching Plan

Before starting the chapter, ask the students to read the comic given in page number 71 to understand the recap of the topic.

While teaching this chapter, tell the students that Tux Paint has a lot of tools, animations and effects to enhance your creativity in drawing.

Tell the students that the Tux mascot, that is, a penguin guides you while working in Tux Paint.

Make the students recall the components of the Tux Paint window covering Toolbar, Colors Palette, Help Area, Selector, Up and Down Arrows and Drawing Area or Canvas.

Introduce New tool as the tool used to open a new page for drawing.

Demonstrate to the students the steps involved in use of New tool.

Make the students understand that Open tool is used to open an existing drawing in Tux Paint.

Show to the students the method to use Open tool.

Introduce Stamp tool as the tool used to insert different stamps or images from the Selector.

Explain the steps involved in the use of Stamp tool to the students.

Tell the students that just like in Paint, Text tool is used in tux Paint to type some text in the drawing area or canvas.

Demonstrate to the students the steps involved in using Text tool in Tux Paint.

Tell the students that Magic tool in Tux Paint is used to add special effects to a drawing.

Show to the students some of the Magic tool effects which can be added to a drawing.

Ask the students to solve the exercise **I Know** given on page number 76.

Ask the students to solve the exercise **Quiz Bee** given on page number 73 and 75.

Extension

Ask the students some oral questions based on this chapter.

Q.   What is the use of Text / Magic / Stamp / New / Open tool?

Q.   When is New tool used?

Q.   Can Open tool be used to open a drawing which was not saved earlier?

Q.   What is the use of Selector in Tux Paint?

Evaluation

After explaining the chapter, let the students do the exercises given on Pages 79 and 80 in the main course book as Assess Yourself. Tell them to solve the computational skill developing exercise as Coding Zone given on Page 82.

Take the students to the computer lab and let them practice the activity given in the Lab Activity section on Page 81 in the main course book. This will enhance the ability of the students and serve as a Subject Enrichment activity.

Suggested Activity

Ask the students to draw a jungle scene in Tux Paint.