

# TRACKGPT

iPro Ver. 5.0

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## TEACHER'S MANUAL

Extended Support for Teachers



[www.orangeeducation.in](http://www.orangeeducation.in)

# Teacher's Time Table

Periods/ Days	B R E A K					
	0	I	II	III	IV	V
Monday						VIII
Tuesday						VII
Wednesday						VI
Thursday						V
Friday						
Saturday						

# DEVELOPMENT MILESTONES IN A CHILD

Development milestones are a set of functional skills or age-specific tasks that most children can do at a certain age. These milestones help the teacher identify and understand how children differ in different age groups.



Age  
5 - 8 Years

## Physical

- First permanent tooth erupts
- Shows mature throwing and catching patterns
- Writing is now smaller and more readable
- Drawings are now more detailed, organised and have a sense of depth

## Cognitive

- Attention continues to improve, becomes more selective and adaptable
- Recall, scripted memory, and auto-biographical memory improves
- Counts on and counts down, engaging in simple addition and subtraction
- Thoughts are now more logical

## Language

- Vocabulary reaches about 10,000 words
- Vocabulary increases rapidly throughout middle childhood

## Emotional/ Social

- Ability to predict and interpret emotional reactions of others enhances
- Relies more on language to express empathy
- Self-conscious emotions of pride and guilt are governed by personal responsibility
- Attends to facial and situational cues in interpreting another's feelings
- Peer interaction is now more prosocial, and physical aggression declines

“ If you cannot do great things, do small things in a great way. ”

Age  
9 - 11 Years

### Physical

- Motor skills develop resulting in enhanced reflexes

### Cognitive

- Applies several memory strategies at once
- Cognitive self-regulation is now improved

### Language

- Ability to use complex grammatical constructions enhances
- Conversational strategies are now more refined

### Emotional/ Social

- Self-esteem tends to rise
- Peer groups emerge

Age  
11 - 20 Years

### Physical

- If a girl, reaches peak of growth spurt
- If a girl, motor performance gradually increases and then levels off
- If a boy, reaches peak and then completes growth spurt
- If a boy, motor performance increases dramatically

### Cognitive

- Is now more self-conscious and self-focused
- Becomes a better everyday planner and decision maker

### Emotional/ Social

- May show increased gender stereotyping of attitudes and behaviour
- May have a conventional moral orientation

Managing the children's learning needs according to their developmental milestones is the key to a successful teaching-learning transaction in the classroom.

“Family is the most important thing in the world.”

# TEACHING PEDAGOGIES



## Lesson Plans

A lesson plan is the instructor's road map which specifies what students need to learn and how it can be done effectively during the class time. A lesson plan helps teachers in the classroom by providing a detailed outline to follow in each class.

A lesson plan addresses and integrates three key components:

Learning objectives

Learning activities

Assessment to check the student's understanding

A lesson plan provides an outline of the teaching goals:

### Before the class

1. Identify the learning objectives.
2. Plan the lesson in an engaging and meaningful manner.
3. Plan to assess student's understanding.
4. Plan for a lesson closure.

### During the class

Present the lesson plan.

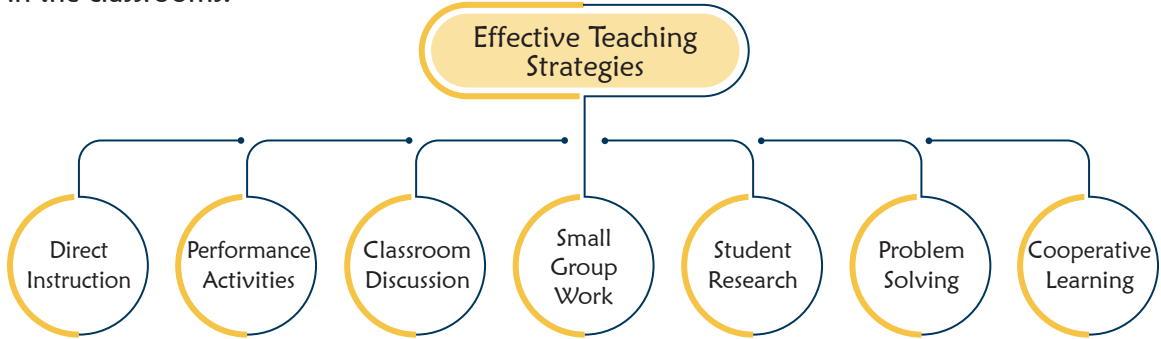
### After the class

Reflect on what worked well and why. If needed, revise the lesson plan.

“Knowing yourself is the beginning of all wisdom.”

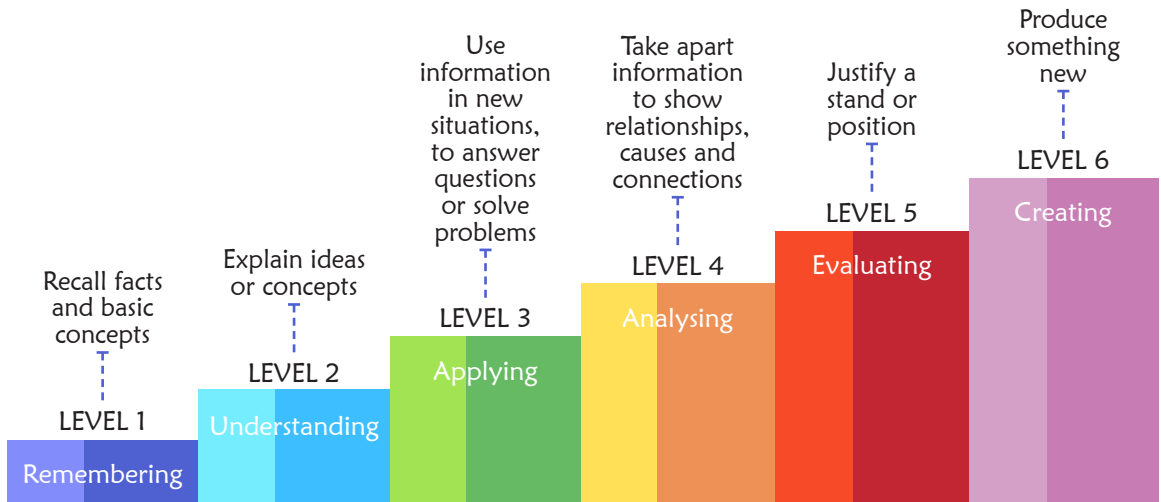
# Teaching Strategies

Numerous strategies have evolved over the years to facilitate the teaching-learning process in the classrooms.



## Bloom's Taxonomy

Bloom's Taxonomy was created by Dr Benjamin Bloom and several of his colleagues, to promote higher forms of thinking in education instead of rote learning. There are three domains of learning: cognitive (mental), affective (emotional), and psychomotor (physical). However, when we refer to Bloom's Taxonomy we speak of the cognitive domain. Bloom's Taxonomy is a list of cognitive skills that is used by teachers to determine the level of thinking their students have achieved. As a teacher, one should attempt to move students up the taxonomy as they progress in their knowledge.



Teachers should focus on helping students to remember information before expecting them to understand it, helping them understand it before expecting them to apply it to a new situation, and so on.

“ If you have no confidence in self,  
you are twice defeated in the race of life. ”

## Computer—A Wonderful Machine

### Teaching Objectives

Students will learn about

- ✦ Natural and Human-made Things
- ✦ What are Machines?
- ✦ Computer—A Smart Machine
- ✦ Difference between Computer and Machines
- ✦ Features of a Computer
- ✦ Types of Computers

Number of Periods	
Theory	Practical
2	1

### Teaching Plan

Encourage the students to name some things which they see around themselves.

Make them understand some of these things are natural like sun, moon, star, mountains, cat, dog, tree, boy, girl, etc. The other things are human-made like chair, table, TV, fan, pencil, eraser, board, building, washing machine, mobile, etc.

Explain to the students that about the machine.

Give examples of some machines around us like air conditioner, refrigerator, washing machine, television, mobile, car, etc. and their use.

Share with them that computer is also a smart machine.

Tell them the various things we can do with the computer like doing sums, drawing, listening to music, watching movies, learning, etc.

Encourage them to tell why computer is different from other machines (other machines can only do the work for which they are made but computer can do many kinds of work).

Explain to the student features of a computer.

Explain to the students about the different types of computers covering:

- **Desktop computer** – kept on desk or table.
- **Laptop computer** – can be kept on lap also and is portable.

- **Smartphone computer** – smaller than a laptop and has a touchscreen, such as tablet and smartphone.

Tell the students that all these types of computers are called Personal Computers or PCs.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

- Q. Is computer a machine?
- Q. Name some natural things.
- Q. Name some human-made things.
- Q. Are machines natural?
- Q. Discuss briefly the use of an air conditioner/refrigerator/washing machine/television/mobile/car.
- Q. What does a computer need to run?
- Q. How is a computer different from other machines?
- Q. State any two features of a computer.
- Q. Name two things which man can do better than computers.
- Q. Name any two types of computers.
- Q. Which is the largest type of computer?
- Q. Which is the smallest type of computer?
- Q. Name the computer which we keep on a desk or a table.

### Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 12 to 14 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on pages 14 and 15 of the main course book to imbibe interdisciplinary and problem & logical reasoning skills. Help the students to solve these questions.

In Creative Assignment, activities like Tangible Task and Digital Drills on page 15 and 16 of the main course book will enhance the ability of the students and serve as a Creativity & Innovativeness, Communication and Digital Literacy activity.

### Suggested Activity

Show pictures of some machines (calculator, fan, sewing machine, set top box, cycle, clock, microwave, stapler, electronic toy, etc.) and ask the students what they are used for?



### Teaching Objectives

Students will learn about

- ✦ Functions of a Computer
- ✦ What Computers cannot Do?
- ✦ Place where Computer are Used

Number of Periods	
Theory	Practical
2	1

### Teaching Plan

While teaching this chapter, tell the students that computer is a magical machine and makes our work faster and easier, It can do many things to help you.

Tell the students about various functions of a computer covering:

- Type letters, words and sentences
- Calculate sums
- Draw and colour images
- Play games
- Watch cartoons and movies
- Play songs
- Send and Receive messages

Share with the students that there are some things which computers cannot do like: (Think, Dance, or Sing, Walk, Swim, Breathe, Hear and Speak).

Tell the students Places where Computers are Used:

- At home (watch movies, play games, make school projects, online shopping, etc.)
- In schools (store student records, library books record)
- In offices (maintain records)
- In banks (keep record of money)
- In hospitals (make medical reports, controlling machines while doing surgeries)
- In shops (make bills, storing details of items)
- At railway stations and airports (book tickets, record of passenger information, information about arrival and departure of trains and airplanes.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

Q. Does a computer get tired?

- Q. Do computers make mistakes?
- Q. Why do we use computers?
- Q. Name two things that a computer cannot do.
- Q. Are computers used only in schools and at homes?
- Q. Name two places other than home and school where computers are used.
- Q. Why do we use computers at the following places?
- Home
  - Schools
  - Railway stations
  - Shops
  - Offices
  - Hospitals

### Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 21 to 23 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on page 24 of the main course book to imbibe problem solving and logical reasoning skills. Help the students to solve these questions.

In Creative Assignment, activities like Tangible Task and Digital Drills given on page 25 of the main course book will enhance the ability of the students and serve as a Collaboration & Teamwork & Creativity & Innovativeness and Interdisciplinary, Experiential Learning activity.

### Suggested Activity

Ask the students to discuss with their parents the use of computers for:

- Controlling movement of metro trains
- Launching satellites
- Weather forecasting
- Making robots
- Making animations

## 3

## Parts of a Computer

### Teaching Objectives

Students will learn about

- ✦ Main Parts of a Computer
- ✦ Other Parts of a Computer

Number of Periods	
Theory	Practical
1	1

## Teaching Plan

While teaching this chapter, tell the students that just as our body has different parts like hands, eyes, brain, etc. similarly, a computer also has various parts.

Tell the students that a computer has four main parts:

- **Monitor** – also called Visual Display Unit (VDU), looks like a television, used to see pictures, games, cartoons, alphabet, numbers and words.
- **CPU** – stands for Central Processing Unit, fixed inside CPU box, called brain of the computer, most important part of the computer.
- **Mouse** – device with long wire, two buttons and scroll wheel, used to draw pictures.
- **Keyboard** – has small buttons called keys, used for typing numbers and letters.

Share with the students that a computer has some other parts also like:

- **Speakers** – attached to computer, used to hear sounds and music stored in computer.
- **Headphones** – attached to computer, used to hear sounds and music stored in computer without disturbing others.
- **Printer** – used to print text and images on paper.
- **Scanner** – used to send documents or images from paper to computer, works like a photocopier machine.
- **Compact Disc (CD) and Pen Drive** – called storage devices and used to save data.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

## Extension

Ask the students some oral questions based on this chapter.

- Q. Name the four main parts of a computer.
- Q. Discuss in brief the use of monitor, mouse, keyboard and CPU.
- Q. What does CPU stand for?
- Q. What is the other name of a monitor?
- Q. Expand VDU.
- Q. Where is CPU fixed?
- Q. Name some other parts of a computer.
- Q. What is the difference between speakers and headphones if both are used to hear sounds?
- Q. Give two examples of input, output and storage devices.
- Q. What is a scanner?

## Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 29 to 31 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on page 32 of the main course book to imbibe problem solving and logical reasoning skills. Help the students to solve these questions.



In Creative Assignment, activities like Digital Drills and Tangible Task given on page 32 and 33 of the main course book will enhance the ability of the students and serve as a Digital Literacy and Art Integration, Creativity & Innovativeness activity.

### Suggested Activity

Ask the students to paste pictures of different parts of a computer in their computer notebook and write their names.

## 4 Using Computers—Do's & Dont's

### Teaching Objectives

Students will learn about

- ✦ Things to Do in a Computer Lab
- ✦ Things Not to Do in a Computer Lab

Number of Periods	
Theory	Practical
1	1

### Teaching Plan

While teaching this chapter, tell the students that a computer is a wonderful machine and can perform a variety of tasks. But, you must take care of your computer otherwise a computer won't be able to perform properly.

Introduce things to do in a computer lab and how to conduct properly near a computer.

Also explain things not to do in a computer lab.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

- Q. What can you do in a computer lab?
- Q. Which are the things to avoid in a computer lab?

### Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 37 to 39 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on page 40 of the main course book. Help the students to solve these questions.

In Creative Assignment, activities like Digital Drills given on page 40 of the main course book will enhance the ability of the students and serve as a Ethical & Moral Reasoning activity.

### Suggested Activity

Ask the students to prepare a chart of things to do and not to do in a computer lab.

### Teaching Objectives

Students will learn about

- ✦ Mouse Buttons
- ✦ Mouse Pad
- ✦ How to Hold a Mouse?
- ✦ How to Use a Mouse?

Number of Periods	
Theory	Practical
1	1

### Teaching Plan

While teaching this chapter, tell the students that a mouse helps us to tell the computer what to do.

Share with the students some uses of a computer mouse.

Make the students understand that computer mouse:

- **Two-buttoned mouse** – has two buttons – left button and right button.
- **Scroll mouse** – has two buttons (left and right) and a scroll wheel.

Explain to the student The Role of a Mouse Pad.

Show to the students the correct way of holding the mouse with reference to the position of fingers and palm (shown in the main course book).

Show to the students that a computer mouse can be used for:

- **Pointing** – by moving the pointer.
- **Clicking** – by pressing mouse buttons.
- **Single-clicking or Clicking** – pressing and releasing the left button quickly, used to select an icon.
- **Double-clicking** – pressing and releasing the left button twice quickly, used to open a program.
- **Right-clicking** – pressing and releasing the right button quickly, used to display a shortcut menu.
- **Dragging** – moving the mouse while keeping the left button pressed, used to move objects on screen. Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.
- **Scroll** – scroll wheel and roll it upwards or downwards to move the page down or up.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

Q. What is a mouse used for?

- Q. Name the pointing device.
- Q. Which finger must be placed on the left button / right button?
- Q. Which finger must be used to scroll the wheel?
- Q. Which fingers must be used to hold the sides of the mouse?
- Q. Define pointing / clicking / dragging.
- Q. What is single-click / double-click / right-click used for?

### Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 47 to 49 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on pages 49 and 50 of the main course book. Help the students to solve these questions.

In Creative Assignment, activities like Tangible Task and Digital Drills given on page 50 of the main course book will enhance the ability of the students and serve as a Creativity & Innovativeness, Art Integration and Digital Literacy activity.

### Suggested Activity

Ask the students to draw a picture of a mouse representing single-click, double click, right-click, drag.

## 6 Using the Keyboard

### Teaching Objectives

Students will learn about

- ✦ Keys on the Keyboard
- ✦ Alphabet Keys
- ✦ Number Keys
- ✦ Special Keys
- ✦ What is a Cursor?

Number of Periods	
Theory	Practical
1	1

### Teaching Plan

While teaching this chapter, tell the students that keyboard is used to write on computer screen.

Make the students count that a computer keyboard has 101 to 104 keys.

Tell the students that the keys on a keyboard are divided into three categories:

- **Alphabet keys** – 26 in number (A to Z)
- **Number keys** – 10 in number (0 to 9)

- **Special keys** – Enter, Spacebar, Backspace, etc.

Show to the students the position of various categories of keys on the keyboard.

Make the students understand that the alphabet keys (A to Z) on the keyboard are also used to write in small letters (a to z).

Share with the students that the number keys are used to type numbers and there are two sets of number keys on a keyboard.

Show to the students that there are some special keys also on the computer like:

- **Spacebar key** – longest key at the bottom, used to give blank space between letters and words.
- **Enter key** – also called Return key, two in number, used to move to the next line.
- **Backspace key** – used to erase what we have typed.
- **Arrow keys** – Show to the students the four arrow keys (up, down, left and right) on the keyboard, used to move the cursor.

Show to the students the small blinking line called cursor.

Make the students understand that the cursor shows the place where the typed letters will appear.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

- Q. How many keys are there on a keyboard?
- Q. Name the categories in which the keys on a keyboard are divided into.
- Q. What are alphabet / number keys used for?
- Q. How many sets of number keys are there on the keyboard?
- Q. How many alphabet keys are there on the keyboard?
- Q. What is the use of Enter / Spacebar / Backspace key?
- Q. Name some special keys.
- Q. What is the use of cursor control keys?
- Q. How many cursor control keys are there?
- Q. What is a cursor?

### Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 54 to 56 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on page 56 of the main course book. Help the students to solve these questions.



In Creative Assignment, activities like Tangible Task and Digital Drills given on page 56 and 57 of the main course book will enhance the ability of the students and serve as a Creativity & Innovativeness and Collaboration & Teamwork & Digital Literacy activity.

### Suggested Activity

Ask the students to paste a picture of computer keyboard in the computer notebook and label Number keys, Alphabet keys, Enter keys, Spacebar key, Backspace key and Cursor Control keys on it.

## 7 Storage Devices

### Teaching Objectives

Students will learn about

- ✦ Storing Things
- ✦ Storage Devices of a Computer

### Teaching Plan

While teaching this chapter, tell the students that a lunch box is used to keep food, and a pencil case is used to keep pencils, erasers and other stationery items.

Number of Periods	
Theory	Practical
1	1

Introduce different storage objects used in daily life for storing different things.

Introduce storage devices as the parts that are used to store our work in the computer.

Share with them pictures / models of some storage devices like:

- **Compact Disc (CD)** – circular in shape and portable storage device.
- **Digital Versatile Disc (DVD)** – circular in shape but with more storage capacity than CD.
- **Pen Drive** – having more storage capacity than DVD .
- **Memory Card** – used in devices like mobile phones and digital cameras to increase their storage capacity.

Show to the students CD/DVD Drive and USB ports used to read the files stored in CD/DVD and Pen Drive respectively.

Ensure that the scope of Teacher's Truff given at the end of the chapter has been covered.

### Extension

Ask the students some oral questions based on this chapter.

- Q. Which has more storage capacity: CD or DVD?
- Q. Arrange in increasing order of storage capacity: CD, DVD, Pen Drive and Hard Disk.
- Q. What are some examples of natural things used to store items?"



## Evaluation

After explaining the chapter, let the students do the course book exercises given on pages 60 to 62 of the main course book as Tech Trivia and Answer Arcade. After solving the course book exercises, tell the students to solve Code Clues activity given on page 63 of the main course book. Help the students to solve these questions.

In Creative Assignment, activities like Tangible Task and Digital Drills given on page 63 of the main course book will enhance the ability of the students and serve as a Creativity & Innovation, Communication and Experiential Learning activity.

## Suggested Activity

Ask the students to collect information about a modern storage device – Blue Ray Disc which looks like a CD/DVD but has much more storage capacity than the two.

